



Travel-Wise Pixie

PACKING LIGHT

CHECKLIST

MAXIMISE YOUR CARRY-ON AND PERSONAL BAG. ELIMINATE CHECKED LUGGAGE.

Before You Pack...

A checklist of factors to consider before deciding what to pack and how to pack it.

- 1 personal bag paid for?
dimensions: _____
- 1 carry-on bag paid for?
dimensions: _____
- Airline restricted items - reviewed
- Buying toiletries abroad:
 - shampoo
 - conditioner
 - body wash
 - face wash
 - other: _____
- Laundry facilities available abroad
 - washing machine
 - dryer
 - clothes line
 - bring flat-pack laundry soap

how to use this checklist

- Read How To Pack Light.
- Print as many copies of each page as you need and label them to stay organised.
- The last page is blank, just in case you prefer to write your own packing lists.
- By using this workbook you agree to the Terms & Conditions of travelwisepixie.com.

5-4-3-2-1

Going to give the 5-4-3-2-1 packing method a whirl? Make a list of the things you're taking:

- 5: _____
- 4: _____
- 3: _____
- 2: _____
- 1: _____

Packing Your Personal Bag

These are the items you'll want to have handy when checking in at the counter for your flight and when going through security, and to keep you occupied at the gate and during your flight.

- | | | |
|---|--|---|
| <input type="checkbox"/> passport | <input type="checkbox"/> prescription medications | <input type="checkbox"/> headphones + earplugs |
| <input type="checkbox"/> wallet + photo ID | <input type="checkbox"/> travel journal + pens / pencils | <input type="checkbox"/> phone + charging cable |
| <input type="checkbox"/> foreign currency | <input type="checkbox"/> book or e-reader + charging cable | <input type="checkbox"/> reusable water bottle |
| <input type="checkbox"/> printed or digital itinerary with all booking confirmation numbers | <input type="checkbox"/> snacks | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

PACKING YOUR CARRY-ON

Three different methods of rolling and folding laundry, packed in three different layers. This is how to tetris a carry-on.

Bottom Layer: Rolling

Pack these little rolls around the retractable handle on your carry-on to create a flat bottom layer.

- t-shirts + tank tops
- long-sleeve tees
- underpants + sports bras
- bathing suits + trunks
- leggings + tights
- synthetic dresses + skirts
- silk + cotton scarves
- athletic wear + sleepwear

Middle Layer: folding

Fold these items in half just once to create a flat sandwich layer for your books, laptop and toiletries.

- bras with underwire
- jeans + slacks
- cotton and linen dresses + pants + skirts
- shirts + blazers

bulky layer: lay flat

These items don't like to stay folded, so laying them flat makes sense. Or, wear them on the plane to free up space in your carry-on.

- winter coat
- rain coat
- bulky sweaters + hoodies
- sweat pants

miscellaneous

These items get tucked into the middle or bulky layers.

- boots + shoes + sandals
- handbags + waterproof phone pouch
- accessories

CONSOLIDATED PACKING LIST

essentials

- passport
- wallet + photo ID
- foreign currency
- phone + charging cable
- prescription medications
- headphones + earplugs
- e-reader + charging cable
- travel journal + pens / pencils
- printed or digital itinerary with all confirmation numbers

accessories

- glasses + sunglasses
- hat
- jewelry
- watch
- _____

toiletries

- toothbrush
- toothpaste
- mouthwash
- face wash
- body wash
- moisturizer
- sun screen
- makeup
- shampoo
- conditioner
- hair spray
- deodorant
- perfume
- _____
- _____
- _____

outerwear

- hoodie
- wool sweater
- jacket
- windbreaker
- rain coat
- winter coat
- wool scarf
- gloves
- boots
- hikers
- sneakers
- heels
- sandals
- _____
- _____
- _____

clothes

- underpants
- bras
- socks
- bathing suits
- trunks
- tank tops
- t-shirts
- long-sleeve tees
- shirts
- dresses
- skirts
- leggings
- tights
- jeans
- slacks
- athletic wear
- sleepwear

MY PACKING LIST

Essentials

- passport
- wallet + photo ID
- _____
- _____
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Clothes

- underpants
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Toiletries

- toothbrush
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